

<b>Title</b>	<b>Demonstrate basic rock climbing movement</b>		
<b>Level</b>	<b>2</b>	<b>Credits</b>	<b>1</b>

<b>Purpose</b>	People credited with this unit standard are able to demonstrate spotting and climbing techniques, and identify issues related to climbing.
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<b>Classification</b>	Outdoor Recreation > Rock Climbing
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Assessment against this unit standard may take place at indoor or outdoor venues and/or bouldering sites.
- 2 All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*, Health and Safety in Employment Act 1992, Injury Prevention, Rehabilitation, and Compensation Act 2001, and their subsequent amendments. The *New Zealand Environmental Care Code* is available from the Department of Conservation, Head Office, PO Box 10420, Wellington or from <http://www.doc.govt.nz>
- 3 The *New Zealand Alpine Club (NZAC) Code of Conduct for Rockclimbers* is available from the New Zealand Alpine Club, PO Box 786, Christchurch, or from <http://www.alpineclub.org.nz>.
- 4 There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Skills Active website <https://www.skillsactive.org.nz/>.

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### Outcomes and performance criteria

#### Outcome 1

Demonstrate spotting techniques.

#### Performance criteria

- 1.1 A spotting stance and focus is demonstrated at all times.
- 1.2 The position and location of the spotter is appropriate to the climber at all times.

**Outcome 2**

Demonstrate climbing techniques.

**Performance criteria**

2.1 Appropriate warm-up exercises are undertaken.

2.2 Climbing is confident and balanced.

2.3 Energy is used efficiently.

2.4 The climb is retreated from safely.

Range a minimum of three retreats which may include but is not limited to – down climb, being lowered, walking off.

**Outcome 3**

Identify issues related to climbing.

**Performance criteria**

3.1 Issues relating to access are identified.

Range may include but is not limited to – land managers, tangata whenua, Department of Conservation, logistics of accessing a local site.

3.2 Climbing ethics are identified and demonstrated based on the *NZAC Code of Conduct for Rockclimbers*.

**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	1 October 1993	31 December 2023
Revision	2	24 July 1996	31 December 2023
Revision	3	19 February 1998	31 December 2023
Revision	4	5 May 1998	31 December 2023
Revision	5	14 February 2000	31 December 2023
Review	6	29 October 2004	31 December 2023
Review	7	27 October 2006	31 December 2023
Review	8	28 October 2021	31 December 2023

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

This unit standard is expiring