

Title	Demonstrate personal and social development through participation in adventure based learning		
Level	2	Credits	3

Purpose	People credited with this unit standard are able to: demonstrate personal and social development through participation in an adventure based learning (ABL) programme; and demonstrate safe practices in ABL activities.
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Classification	Outdoor Recreation > Adventure Based Learning
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Available grade	Achieved
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Guidance Information

- Definitions
Adventure Based Learning (ABL) is the deliberate use of a sequenced programme for the specific outcome of personal and social development. It includes cooperation, trust and problem solving activities.
Personal and social development is defined as an increase in self awareness; an increase in the awareness of the impact of actions on others; and behaviours which help the growth of others.
Emotional safety could include psychological and cultural safety.
- All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*; *New Zealand Water Care Code*; Health and Safety in Employment Act 1992; Injury Prevention, Rehabilitation, and Compensation Act 2001; and their subsequent amendments. The *New Zealand Environmental Care Code* and *New Zealand Water Care Code* are available from the Department of Conservation, Head Office, PO Box 10420, Wellington, and at <http://www.doc.govt.nz/>.
- There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Skills Active website <https://www.skillsactive.org.nz/>.

Outcomes and performance criteria

Outcome 1

Demonstrate personal and social development through participation in an adventure based learning (ABL) programme.

Performance criteria

- 1.1 Personal goals are set that are specific, measurable and achievable.
Range may include – goals related to cooperation, communication, trust.
- 1.2 Suggestions and needs are communicated clearly, constructively and in a timely manner.
Range candidate must initiate communication.
- 1.3 Behaviours while participating support the growth of self and others.
Range behaviours may include – behaviours related to cooperation, communication, listening, trust.
- 1.4 Impacts of interactions within the group are identified.
Range interactions may involve some or all members of the group.
- 1.5 Review of goals and behaviours identifies ideas to improve personal performance.
Range review clearly reflects personal performance.

Outcome 2

Demonstrate safe practices in ABL activities.

Range activities must include – cooperation, trust and problem solving;
safety requirements – physical and emotional safety of self and others.

Performance criteria

- 2.1 Description of ABL activities identifies specific safety requirements.
- 2.2 At least three selected ABL activities are demonstrated in accordance with safety requirements.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	1 October 1993	31 December 2023
Revision	2	24 July 1996	31 December 2023
Revision	3	19 February 1998	31 December 2023
Review	4	25 February 2000	31 December 2023
Review	5	25 February 2008	31 December 2023
Review	6	28 October 2021	31 December 2023

Consent and Moderation Requirements (CMR) reference

0099

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.