

Assist in facilitation of a low ropes course programme for the development of the participants

Level 3

Credits 6

Purpose People credited with this unit standard are able to: assist in designing and planning a programme that uses low ropes course activities for the personal and social development of the participants; assist in the implementation, facilitation and review of a programme that uses low ropes course activities for the personal and social development of the participants; and assist in the risk management of a programme that utilises low ropes course activities.

Subfield Outdoor Recreation

Domain Adventure Based Learning

Status Registered

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Entry information Open.

Accreditation Evaluation of documentation and visit by NZQA and industry.

Standard setting body (SSB) Sport, Fitness and Recreation Industry Training Organisation – Outdoor Recreation Advisory Group

Accreditation and Moderation Action Plan (AMAP) reference 0102

This AMAP can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Special notes

1 Definitions

Adventure Based Learning (ABL) is the deliberate use of a sequenced programme for the specific outcome of personal and social development. It includes cooperation, trust and problem solving activities.

Personal and social development is defined as an increase in self awareness; an increase in the awareness of the impact of actions on others; and behaviours which help the growth of others.

Small groups are generally no less than five and no more than ten participants.

- 2 The candidate is required to plan and implement low ropes course activities for a small group demonstrating basic facilitation techniques where the responsibility for the overall programme and its participants rests with a more experienced facilitator.
- 3 The candidate is required to be engaged in the role of facilitator of a small group for at least 80% of the programme.
- 4 Programmes must provide opportunities for the development of communication, cooperation, trust, and problem solving.
- 5 The participants must be people who are not peers of the candidate.
- 6 The programme objectives and desired outcomes may be previously identified and provided to the candidate.
- 7 The duration of a programme should be no less than six hours delivery excluding preparation and follow-up. “Lead-in” activities for the use of the low ropes course and debriefing are included in the six hours delivery.
- 8 All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*; *New Zealand Water Care Code*; Health and Safety in Employment Act 1992; Injury Prevention, Rehabilitation, and Compensation Act 2001; and their subsequent amendments. The *New Zealand Environmental Care Code* and *New Zealand Water Care Code* are available from the Department of Conservation, Head Office, PO Box 10420, Wellington, and at <http://www.doc.govt.nz/>.
- 9 There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Sfrito website <http://www.sfrito.org.nz/>.

Elements and performance criteria

Element 1

Assist in designing and planning a programme that uses low ropes course activities for the personal and social development of the participants.

Performance criteria

- 1.1 Assistance is given in the designing of a programme that meets identified programme objectives and incorporates ABL principles.

Range	ABL principles may include – appropriate sequencing, following the experiential learning cycle, challenge by choice, group contract setting, individual and group goal setting.
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- 1.2 Assistance is given in the planning and preparation of activities to meet the programme objectives and the identified needs of the participants.
- Range planning and preparation may include – establishing equipment requirements, briefing, debriefing, safety, group management, time management.

Element 2

Assist in the implementation, facilitation and review of a programme that uses low ropes course activities for the personal and social development of the participants.

Performance criteria

- 2.1 Assistance is given to set up the equipment and venue to meet participant needs and activity objectives.
- Range setting up may include – assembling necessary equipment, conducting pre-use activity and equipment checks, checking for hazards.
- 2.2 Clear briefing of participants for at least two low ropes course activities is demonstrated.
- Range briefing includes – clear instructions on participants' roles, safety spotting requirements and relevant risk management procedures; checking for participants' understanding; referring to the facilitator for additional input.
- 2.3 Effective communication is demonstrated throughout the programme.
- Range effective includes – clear, concise, constructive, timely; communication may include – listening, checking for understanding, clarifying, adjusting for participants' needs.
- 2.4 Effective facilitation is demonstrated throughout the programme.
- Range effective facilitation may include – timely intervention, affirming participants' contributions, providing opportunities for all to participate, identifying opportunities for transfer of learning.
- 2.5 Effective group management is demonstrated throughout the programme.
- Range group management may include – adjusting leadership style, boundaries, group size and mix; as relevant to the activity, objectives, environment and group.

- 2.6 Safe and appropriate role model behaviours are demonstrated.
- Range may include – positive attitude, motivated, treats others with respect and compassion, appropriate physical contact, sensitive to others, follows up on requests
- 2.7 Assistance is given to encourage the group to participate safely.
- Range may include – use of group contract, safety spotting, challenge by choice.
- 2.8 Clear debriefing of participants for at least two low ropes course activities is demonstrated.
- Range debriefing may include – relevance to the programme objectives; assisting participants to identify what has been learnt; referring to the facilitator for additional input.
- 2.9 Assistance is given to reviewing a programme and its outcomes.
- Range review may include – what worked well and what could be improved.
- 2.10 Feedback on leadership provided is obtained and incorporated into the next activity or programme where appropriate.
- Range feedback must include – from self and facilitator.
feedback may include – from peers and participants.

Element 3

Assist in the risk management of a programme that utilises low ropes course activities.

Performance criteria

- 3.1 Assistance is given in the identification of hazards and implementation of management strategies.
- 3.2 Assistance is given to the correct instruction and coaching of safe practices.
- Range safe practices may include – participants' responsibilities, safety spotters' responsibilities, communication.

Please note

Providers must be accredited by NZQA, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be accredited by NZQA before they can register credits from assessment against unit standards.

Accredited providers and Industry Training Organisations assessing against unit standards must engage with the moderation system that applies to those standards.

Accreditation requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact the Sport, Fitness and Recreation Industry Training Organisation Limited info@sfrito.org.nz if you wish to suggest changes to the content of this unit standard.