| Title | Participate in an introductory rafting experience |         |   |
|-------|---|---------|---|
| Level | 2   | Credits | 3 |

| Purpose | People credited with this unit standard are able to: prepare for introductory rafting; demonstrate care for rafting equipment; demonstrate basic rafting skills on sheltered or slow-moving water; demonstrate introductory safety skills and rescue procedures; and demonstrate knowledge of care for self, others, and the environment. |
|---------|---|
|---------|---|

| Classification | Outdoor Recreation > Rafting |
|----------------|------------------------------|
|                |                              |

| Available grade | Achieved |
|-----------------|----------|
|-----------------|----------|

## **Guidance Information**

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
  - -relevant legislation including Health and Safety at Work Act 2015, Human Rights Act 1993, Children's Act 2014, Health and Safety at Work (Adventure Activities) Regulations 2016, Maritime New Zealand Rule Part 81, and subsequent amendments;
  - -industry Codes of Conduct, such as the Mountain Safety Council Outdoor Safety Code available from <a href="https://www.mountainsafety.org.nz/resources/outdoor-safety-code/">https://www.mountainsafety.org.nz/resources/outdoor-safety-code/</a>, 'Leave No Trace' principles available from <a href="https://www.doc.govt.nz">https://www.doc.govt.nz</a>; and relevant Care Codes (environmental and water), all available from <a href="https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/">https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/</a>,
  - -a recognised and approved Safety Management System (SMS) including organisational policies and procedures, Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), incident response management plans and the use of personal protective equipment (PPE);
  - -current industry good practice.

## 2 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Kaitiakitanga refers to the exercise of guardianship and stewardship.

Manaakitanga refers to reciprocity, sharing.

Whanaungatanga refers to obtaining consent, long-term commitment to an iwi relationship, kanohi ki te kanohi (face to face).

Sheltered or slow-moving water is water protected from the effects of wind and wave action.

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# Outcomes and performance criteria

#### **Outcome 1**

Prepare for introductory rafting.

## Performance criteria

1.1 Wear or carry suitable clothing and equipment for rafting.

Range must include but is not limited to – paddle, helmet, buoyancy vest, suitable footwear

1.2 Fit clothing and equipment correctly.

## Outcome 2

Demonstrate care for rafting equipment.

## Performance criteria

- 2.1 Carry to, launch and retrieve the raft from the water without damage to the raft or fittings.
- 2.2 Demonstrate getting into and out of the raft at the bank safely and correctly.
- 2.3 Hold and use paddle correctly at all times.

## Outcome 3

Demonstrate basic rafting skills on sheltered or slow-moving water.

## Performance criteria

- 3.1 Demonstrate effective forward and backward paddling strokes.
- 3.2 Follow instructions to manoeuvre the raft and maintain control.

Range turning, stopping, overs.

## Outcome 4

Demonstrate introductory safety skills and rescue procedures.

## Performance criteria

- 4.1 Demonstrate safe practices at all times.
- 4.2 Demonstrate down river swimming position.
- 4.3 Demonstrate being rescued by a throw bag.

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- 4.4 Board a raft with assistance after capsize.
- 4.5 Assist to rescue of other paddlers after a capsize.

## Outcome 5

Demonstrate knowledge of care for self, others and the environment.

## Performance criteria

- 5.1 Demonstrate respect for landowners, their private property and other users of the water environment in accordance with the Environmental Care Code and Water Care Code.
- 5.2 Dispose of and treat all forms of waste with care and sensitivity.

Range litter, food, water, toilet waste.

5.3 Give support and encouragement to other paddlers in the group.

| Planned review date | 31 December 2026 |
|---------------------|------------------|
|---------------------|------------------|

Status information and last date for assessment for superseded versions

| Process      | Process Version Date Last Date for Assessment |                   |                          |
|--------------|---|-------------------|--------------------------|
| FIOCESS      | Version                                       | Date              | Last Date for Assessment |
| Registration | 1   | 1 October 1993    | 31 December 2021         |
| Revision     | 2   | 24 July 1996      | 31 December 2021         |
| Revision     | 3   | 19 February 1998  | 31 December 2021         |
| Revision     | 4   | 5 May 1998        | 31 December 2021         |
| Revision     | 5   | 14 February 2000  | 31 December 2021         |
| Review       | 6   | 21 March 2005     | 31 December 2021         |
| Review       | 7   | 17 September 2010 | 31 December 2023         |
| Review       | 8   | 25 November 2021  | N/A                      |

| Consent and Moderation Requirements (CMR) reference | 0099 |
|---|------|
|---|------|

This CMR can be accessed at http://www.nzqa.govt.nz/framework/search/index.do.

## Comments on this unit standard

Please contact Toi Mai Workforce Development Council <u>qualifications@toimai.nz</u> if you wish to suggest changes to the content of this unit standard.