

Title	Demonstrate sea kayaking skills on sheltered or slow-moving water		
Level	2	Credits	3

Purpose	People credited with this unit standard are able to: select clothing and equipment appropriate for sea kayaking; transport and handle kayaking equipment in preparation for sea kayaking on sheltered or slow-moving water; demonstrate strokes which are effective on sheltered or slow-moving water in a sea kayak; demonstrate skills in safety and rescue procedures for sea kayaking; and demonstrate an understanding for the care of self, others and the environment.
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Classification	Outdoor Recreation > Canoeing - Kayaking
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Available grade	Achieved
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Guidance Information

1 Definitions

Sea kayak is a fully decked water craft designed for one or two paddlers (using double bladed paddles) in individual cockpits wearing spraydecks. It has a minimum of two bulkheads with watertight hatch covers, creating buoyancy compartments fore and aft, which ensures the craft floats level on capsized. Hull shape should be appropriate for sea conditions, ie fore and aft rocker and flared ends. It has a rudder or skeg for directional control and deck lines and toggles for safety.

Sheltered water or slow-moving water is water protected from the effects of significant wind and wave action. This includes estuaries, river deltas, sheltered beaches, lakes and coastal inlets with minimal tidal speed. This type of water excludes Grade I whitewater rivers, open seas and large lakes.

T rescue is a rescue whereby a capsized kayaker rights their kayak using support from another kayak.

X rescue is a deep water rescue whereby the kayaker uses another kayak or kayaks to assist in emptying the fully capsized kayak and then re-enters from the water.

- 2 All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*; *New Zealand Water Care Code*; Health and Safety in Employment Act 1992; Injury Prevention, Rehabilitation, and Compensation Act 2001; the Sea Kayak Operators Association of New Zealand (SKOANZ), *Code of Practice*, May 1999 available at <http://www.skoanz.org.nz/seakayak/code.html>; and their subsequent amendments. The *New Zealand Environmental Care Code*, and *New Zealand Water Care Code* are available from the Department of Conservation, Head Office, PO Box 10420, Wellington 6143 or <http://www.doc.govt.nz/parks-and-recreation/plan-and-prepare/care-codes>.

Outcomes and performance criteria

Outcome 1

Select clothing and equipment appropriate for sea kayaking.

Performance criteria

- 1.1 Clothing and personal equipment is selected for sea kayaking and its selection justified.
- 1.2 The design and construction of equipment is identified in terms of its appropriateness for sea kayaking.

Range sea kayak, paddle, buoyancy vest, spraydeck, towline.

Outcome 2

Transport and handle kayaking equipment in preparation for sea kayaking on sheltered or slow-moving water.

Range sea kayak, paddle, buoyancy vest, spraydeck, towline.

Performance criteria

- 2.1 Kayak and equipment are transported safely on a vehicle and/or trailer without damage.
- 2.2 The sea kayak is launched and retrieved from the water without damage to the kayak and its fittings.
- 2.3 Getting into and out of the sea kayak is completed safely and efficiently at the shore.

Outcome 3

Demonstrate strokes which are effective on sheltered or slow-moving water in a sea kayak.

Performance criteria

- 3.1 Forward and backward paddling strokes are effective.
- 3.2 Controlled turns are performed.
- 3.3 A low-brace is demonstrated.
- 3.4 The sea kayak is brought to a stop from a fast paddle within two boat lengths.
- 3.5 Obstacles are avoided using appropriate strokes.

Outcome 4

Demonstrate skills in safety and rescue procedures for sea kayaking.

Performance criteria

4.1 Knowledge of safety equipment and party equipment is demonstrated.

Range towline, repair kit, first aid kit, buoyancy vests.

4.2 A capsize and escape from a sea kayak fitted with a spraydeck is demonstrated.

4.3 A simulated rescue of another kayaker is undertaken with assistance.

Range T rescue, X rescue.

Outcome 5

Demonstrate an understanding for the care of self, others and the environment.

Performance criteria

5.1 Self management within the given environment is demonstrated.

Range food, fluid, sun protection aids, extra clothing.

5.2 Potential health problems associated with sheltered or slow-moving water are identified.

Range hypothermia, cold water immersion, cramps, sunburn, blisters, dislocations, head injuries.

5.3 Methods for avoiding potential health problems are described.

Range hypothermia, cold water immersion, cramps, sunburn, blisters, dislocations, head injuries.

5.4 Communications systems are identified and understood on and off the water.

Range hand, paddle and whistle signals, voice.

5.5 The New Zealand Environmental Care Code and Water Care Code are applied.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	1 October 1993	31 December 2023
Revision	2	24 July 1996	31 December 2023
Revision	3	19 February 1998	31 December 2023
Revision	4	5 May 1998	31 December 2023
Revision	5	14 February 2000	31 December 2023
Review	6	16 December 2004	31 December 2023
Rollover and Revision	7	12 February 2010	31 December 2023
Review	8	28 October 2021	31 December 2023

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.