

<b>Title</b>	<b>Ride a horse in a balanced position at walk, trot and canter on the flat and over undulating country</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	People credited with this unit standard are able to: prepare self and horse for riding; demonstrate movements on the flat in a school situation and over undulating country; and describe the use of artificial aids.
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<b>Classification</b>	Equine > Equitation
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and code relevant to this unit standard includes but is not limited to:
  - Animal Welfare Act 1999;
  - Health and Safety at Work Act 2015;
  - Code of Welfare: Horses and Donkeys.
- 2 Performance of all aspects of this unit standard should comply with the *Code of Welfare: Horses and Donkeys*, available at [www.mpi.govt.nz](http://www.mpi.govt.nz).
- 3 Rider is attired in gear and clothing which is Equestrian Sports New Zealand (ESNZ) approved and safe for general riding. The ESNZ Rules are available from the Equestrian Sports New Zealand website [www.nzequestrian.org.nz](http://www.nzequestrian.org.nz).
- 4 The horse used is to a standard (temperament, physical ability, and training) and fitness level that enables the outcome as represented by the title to be met.
- 5 Movements on the flat are to be demonstrated in a school situation of minimum size 20 metres by 40 metres.

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### Outcomes and performance criteria

#### Outcome 1

Prepare self and horse for riding.

**Performance criteria**

- 1.1 Gear up the horse in saddlery for riding so it is suited to and comfortable for the individual horse, affords protection to the limbs of the horse, and enables control by the rider.
- Range       bridle and bit, saddle and stirrup leather length, martingale, breastplate, leg protection for horse.
- 1.2 Wear gear and clothing suitable for riding.

**Outcome 2**

Demonstrate movements on the flat in a school situation.

Range    halt, walk, trot, canter.

**Performance criteria**

- 2.1 Demonstrate the three-point dressage position with the rider maintaining contact and control, and the horse accepting the bit.
- 2.2 Ride in balanced position using diagonals correctly.
- 2.3 Use voice, seat, legs, and rein aids to change direction and control pace.

**Outcome 3**

Demonstrate movements over undulating ground.

Range    halt, walk, trot, canter.

**Performance criteria**

- 3.1 Ride in a balanced position maintaining contact and control.
- 3.2 Use of voice, seat, legs and rein aids to change direction and control pace.

**Outcome 4**

Describe the use of artificial aids.

**Performance criteria**

- 4.1 Describe situations when the whip, martingale, and spurs can be used in relation to changing direction and controlling pace.

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<b>Planned review date</b>	31 December 2030
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	22 August 1996	31 December 2022
Review	2	11 June 1998	31 December 2022
Review	3	21 May 1999	31 December 2022
Review	4	22 September 2004	31 December 2022
Review	5	18 July 2008	31 December 2022
Review	6	24 September 2020	31 December 2027
Review	7	29 May 2025	N/A

**Consent and Moderation Requirements (CMR) reference**

0099

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact the Toi Mai Workforce Development Council at [qualifications@toimai.nz](mailto:qualifications@toimai.nz) if you wish to suggest changes to the content of this unit standard.