

Title	Demonstrate schooling exercises with the horse accepting the bit		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to: prepare self and horse for riding; demonstrate schooling exercises with the horse accepting the bit and the use of natural and artificial aids, while maintaining an effective position; and describe basic paces, aids, and levels of training of a dressage horse.
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Classification	Equine > Equitation
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Available grade	Achieved
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Guidance Information

- 1 Legislation code relevant to this unit standard includes but is not limited to:
 - Animal Welfare Act 1999;
 - Health and Safety at Work Act 2015;
 - Code of Welfare: Horses and Donkeys.
- 2 Performance of all aspects of this unit standard should comply with the *Code of Welfare: Horses and Donkeys*, available at www.mpi.govt.nz.
- 3 Rider is attired in gear and clothing which is Equestrian Sports New Zealand (ESNZ) approved and safe for general riding. The ESNZ Rules is available from the Equestrian Sports New Zealand website www.nzequestrian.org.nz.
- 4 In the context of this unit standard, the *Training Scale* is also known as The Training Pyramid, the German Training Scale, or the German Training System.
- 5 The horse used is to a standard (temperament, physical ability, and training) and fitness level that enables the outcome as represented by the title to be met.
- 6 The rider is familiar with the horse to be used.
- 7 *Natural aids* refer to voice, leg, seat, hands; artificial aids refer to whip, spur.

Outcomes and performance criteria

Outcome 1

Prepare self and horse for riding.

Performance criteria

- 1.1 Gear up the horse in saddlery for riding so it is suited to and comfortable for the individual horse, affords protection to the limbs of the horse, and enables control by the rider.

Range bridle and bit, saddle and stirrup leather length, martingale, breastplate, leg protection for horse.

- 1.2 Wear gear and clothing suitable for riding.

Outcome 2

Demonstrate schooling exercises with the horse accepting the bit and the use of natural and artificial aids, while maintaining an effective position.

Performance criteria

- 2.1 Demonstrate the halt with the horse remaining still, quiet, and balanced for three seconds.

- 2.2 Demonstrate the rein back of two steps with the horse balanced and calmly accepting commands.

- 2.3 Demonstrate free walk on a long rein with the horse stretched, relaxed, and with even paces over a distance of 20 metres.

- 2.4 Demonstrate exercises at the trot, maintaining forward motion and rhythm.

Range rising (posting) trot on right and left diagonals, lengthened trot, sitting trot.

- 2.5 Demonstrate canter with the rider maintaining contact and control.

Range working canter on both leads, lengthened canter.

- 2.6 Demonstrate smooth transitions of gaits upwards and downwards with the rider balanced and not interfering with the horse.

Range walk to trot, trot to canter, canter to trot, trot to walk.

- 2.7 Demonstrate school figures with the horse maintaining contact and willingly accepting commands.

Range trot 20 metre circles, canter 20 metre circles, three loop serpentine at trot, 20 metre half circles at trot.

- 2.8 Demonstrate aids required to achieve a 180 degree turn on the forehand with the horse calm, supple, and attentive to the aids.

Outcome 3

Describe basic paces, aids, and levels of training a dressage horse.

Performance criteria

- 3.1 Describe the sequence of footfalls within the paces in relation to maintaining and improving regularity of paces.

Range walk, trot, canter, rein back.

- 3.2 Describe the use and action of voice, rein, artificial aids, and weight and leg aids in relation to training a horse.

- 3.3 Describe a training scale for teaching and training a dressage horse in relation to the importance of maintaining the correct sequence of training.

Range rhythm, suppleness, contact, impulsion, straightness, collection.

Planned review date	31 December 2030
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 August 1996	31 December 2022
Review	2	11 June 1998	31 December 2022
Review	3	21 May 1999	31 December 2022
Review	4	22 September 2004	31 December 2022
Review	5	18 July 2008	31 December 2022
Review	6	24 September 2020	31 December 2027
Review	7	29 May 2025	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Toi Mai Workforce Development Council at qualifications@toimai.nz if you wish to suggest changes to the content of this unit standard.