

Prepare a horse and rider combination for competition, and debrief after competition

Level 4

Credits 8

Purpose People credited with this unit standard are able to: assist rider to select appropriate competition and prepare the horse and rider combination for selected competition; prepare rider and horse for competition performance and mutually develop strategies with the rider most appropriate for the specific competition; supervise preparation of the rider for immediate competition; supervise preparation of the horse for immediate competition; and debrief the rider following competition.

Subfield Equine

Domain Equitation

Status Registered

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Entry information Open.

Accreditation Evaluation of documentation and visit by NZQA and industry.

Standard setting body (SSB) Primary Industry Training Organisation

Accreditation and Moderation Action Plan (AMAP) reference 0018

This AMAP can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Special notes

- 1 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 2 There are specific assessment requirements for people assessing against this unit standard. Please refer to the Accreditation and Moderation Action Plan ref: 0018.
- 3 Rider is attired in gear and clothing which is Equestrian Sports New Zealand (ESNZ) approved and safe for general riding.

- 4 The ESNZ Rulebook, which includes approved gear and clothing, is available from: the Equestrian Sports New Zealand, PO Box 6146, Wellington, telephone, 04 499 8994.
- 5 Competitions include: show jumping, dressage, and horse trials.
- 6 Candidates must not contravene the *Code of Recommendations and Minimum Standards for Welfare of Horses*, (Wellington: Ministry of Agriculture and Forestry, 1993); or available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.

Elements and performance criteria

Element 1

Assist rider to select appropriate competition and prepare the horse and rider combination for selected competition.

Performance criteria

- 1.1 Capability of horse and rider combination for competition is assessed against intended competition.
- 1.2 Horse and rider training schedule is programmed so that horse and rider are ready at time of competition.
- 1.3 Coaching is provided in a manner which instils confidence in the rider.

Element 2

Prepare rider and horse for competition performance and mutually develop strategies with the rider most appropriate for the specific competition.

Performance criteria

- 2.1 Mutual agreement is reached on methods of approach to ride dressage test or jump fences for the specific competition.

Range stage of competition, level of training, horse's disposition, weather and ground conditions, type of obstacles, maintaining straight line, terrain, speed, position and distance between obstacles, accuracy, pace.

Element 3

Supervise preparation of the rider for immediate competition.

Performance criteria

- 3.1 Techniques are implemented to assist rider to focus on impending competition and relax prior to and during the competition.
- Range visualisation, relaxation, self-confidence, breathing.

Element 4

Supervise preparation of the horse for immediate competition.

Performance criteria

- 4.1 Practice session is supervised in terms of raising the level of awareness of competition.
- Range focus on event, check on gear, clarify the competition requirements.
- 4.2 Warm up is implemented and supervised according to the individual temperaments and requirements of horse and rider for immediate competition.
- Range duration, type, rests, timing, location.
- 4.3 Competitive start position is supervised according to the rules of the competition.
- 4.4 Exercises are performed that match the requirements of the competition.

Element 5

Debrief the rider following competition.

Performance criteria

- 5.1 Performance is analysed with rider in terms of performance, problems, and faults.
- 5.2 Where problems and/or faults are identified, solutions are suggested to rectify them.

Please note

Providers must be accredited by NZQA, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be accredited by NZQA before they can register credits from assessment against unit standards.

Accredited providers and Industry Training Organisations assessing against unit standards must engage with the moderation system that applies to those standards.

Accreditation requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact the Primary Industry Training Organisation standards@primaryito.ac.nz if you wish to suggest changes to the content of this unit standard.