

<b>Title</b>	<b>Prepare a horse and rider combination for competition, and debrief after competition</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>8</b>

<b>Purpose</b>	People credited with this unit standard are able to: assist rider to select appropriate competition and prepare the horse and rider combination for selected competition; prepare rider and horse for competition performance and mutually develop strategies with the rider most appropriate for the specific competition; supervise preparation of the rider for immediate competition; supervise preparation of the horse for immediate competition; and debrief the rider following competition.
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<b>Classification</b>	Equine > Equitation
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 2 There are specific assessment requirements for people assessing against this unit standard. Please refer to the Consent and Moderation Requirements ref: 0018.
- 3 Rider is attired in gear and clothing which is Equestrian Sports New Zealand (ESNZ) approved and safe for general riding.
- 4 The ESNZ Rulebook, which includes approved gear and clothing, is available from: the Equestrian Sports New Zealand, PO Box 6146, Wellington, telephone, 04 499 8994.
- 5 Competitions include: show jumping, dressage, and horse trials.
- 6 Candidates must not contravene the Code of Welfare: Horses and Donkeys, available at [www.mpi.govt.nz](http://www.mpi.govt.nz).

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### Outcomes and performance criteria

#### Outcome 1

Assist rider to select appropriate competition and prepare the horse and rider combination for selected competition.

**Performance criteria**

- 1.1 Capability of horse and rider combination for competition is assessed against intended competition.
- 1.2 Horse and rider training schedule is programmed so that horse and rider are ready at time of competition.
- 1.3 Coaching is provided in a manner which instils confidence in the rider.

**Outcome 2**

Prepare rider and horse for competition performance and mutually develop strategies with the rider most appropriate for the specific competition.

**Performance criteria**

- 2.1 Mutual agreement is reached on methods of approach to ride dressage test or jump fences for the specific competition.  
  
Range stage of competition, level of training, horse's disposition, weather and ground conditions, type of obstacles, maintaining straight line, terrain, speed, position and distance between obstacles, accuracy, pace.

**Outcome 3**

Supervise preparation of the rider for immediate competition.

**Performance criteria**

- 3.1 Techniques are implemented to assist rider to focus on impending competition and relax prior to and during the competition.  
  
Range visualisation, relaxation, self-confidence, breathing.

**Outcome 4**

Supervise preparation of the horse for immediate competition.

**Performance criteria**

- 4.1 Practice session is supervised in terms of raising the level of awareness of competition.  
  
Range focus on event, check on gear, clarify the competition requirements.
- 4.2 Warm up is implemented and supervised according to the individual temperaments and requirements of horse and rider for immediate competition.  
  
Range duration, type, rests, timing, location.

- 4.3 Competitive start position is supervised according to the rules of the competition.
- 4.4 Exercises are performed that match the requirements of the competition.

### Outcome 5

Debrief the rider following competition.

### Performance criteria

- 5.1 Performance is analysed with rider in terms of performance, problems, and faults.
- 5.2 Where problems and/or faults are identified, solutions are suggested to rectify them.

**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 August 1996	31 December 2022
Revision	2	11 June 1998	31 December 2022
Review	3	21 May 1999	31 December 2022
Review	4	22 September 2004	31 December 2022
Review	5	18 July 2008	31 December 2022
Review	6	25 February 2021	31 December 2022

<b>Consent and Moderation Requirements (CMR) reference</b>	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.