

Title	Ride a horse over a cross country course with obstacles of 85 cm to 95 cm in height		
Level	3	Credits	6

Purpose	People credited with this unit standard are able to: prepare self and horse for jumping the course; ride over cross country obstacles according to Equestrian Sports New Zealand (ESNZ) rules; and care for the horse after the finish.
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Classification	Equine > Equitation
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 2 There are specific assessment requirements for people assessing against this unit standard. Please refer to the Consent and Moderation Requirements Ref: 0018.
- 3 Rider is attired in gear and clothing which is ESNZ approved and safe for general riding.
- 4 The ESNZ Rulebook, which includes approved gear and clothing, is available from: the Equestrian Sports New Zealand, PO Box 6146, Wellington, telephone, 04 499 8994.
- 5 The horse used is to a standard (temperament, physical ability, and training) and fitness level that enables the outcome as represented by the title to be met.
- 6 Obstacles are to be approved by the Eventing New Zealand Technical Delegate and include the following from an existing cross country course: drop, ditches, water, uphill, bounces, and parallels.
- 7 Candidates must not contravene the *Code of Recommendations and Minimum Standards for Welfare of Horses*, (Wellington: Ministry of Agriculture and Forestry, 1993); or available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.

Outcomes and performance criteria

Outcome 1

Prepare self and horse for jumping the cross country course.

Performance criteria

- 1.1 Horse is geared up in saddlery suited to and comfortable for individual horse to enable control by rider and protection to limbs of horse.
- Range bridle and bit, saddle and stirrup leather length, martingale, breastplate, leg protection for horse.
- 1.2 Course is walked to establish lines and number of strides between combinations and closely related fences.

Outcome 2

Ride over cross country obstacles according to the ESNZ rules.

Performance criteria

- 2.1 Rider is in a balanced, confident, and secure, strong position when jumping.
- 2.2 Horse is balanced and under control on the desired line throughout the course in a rhythm and at a safe pace, maintained according to conditions.
- 2.3 Strong canter on the flat at 450 – 485 metres per minute is demonstrated over a distance of 500 metres with the horse balanced, under control, and moving forward.
- 2.4 Control of the horse is demonstrated by the rider being able to ride the horse from canter to stop within 40 metres.

Outcome 3

Care for the horse after the finish.

Performance criteria

- 3.1 Horse is warmed down gradually according to the level of stress and in a manner which does not cause further stress, until breathing returns to normal for the individual horse and the situation.
- 3.2 Horse is cooled down according to weather conditions.
- 3.3 Gear is removed appropriate to stage of recovery while maintaining control of the horse.
- 3.4 Horse is provided with protection to maintain normal body temperature according to weather conditions and air temperature.
- 3.5 Horse is offered water and feed appropriate to stage of recovery in a manner which does not cause further stress.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 August 1996	31 December 2023
Revision	2	11 June 1998	31 December 2023
Review	3	21 May 1999	31 December 2023
Review	4	22 September 2004	31 December 2023
Review	5	18 July 2008	31 December 2023
Review	6	29 July 2021	31 December 2023

Consent and Moderation Requirements (CMR) reference

0018

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.