

## Ride ESNZ Open Medium Dressage Test 5.3

**Level** 5

**Credits** 6

**Purpose** People credited with this unit standard are able to ride the Equestrian Sports New Zealand (ESNZ) Open Medium Dressage Test 5.3 on a horse with which the rider is familiar; and describe higher degrees of collection and methods of training to achieve ESNZ Open Medium Dressage Test 5.3.

The ESNZ dressage tests are the national standard, and are linked to international standards.

**Subfield** Equine

**Domain** Equitation

**Status** Registered

**Status date** 18 July 2008

**Date version published** 18 July 2008

**Planned review date** 31 December 2013

**Entry information** Open.

**Accreditation** Evaluation of documentation and visit by NZQA and industry.

**Standard setting body (SSB)** Primary Industry Training Organisation

**Accreditation and Moderation Action Plan (AMAP) reference** 0018

This AMAP can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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### Special notes

- 1 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 2 There are specific qualification requirements for people assessing against this unit standard. Please refer to the Accreditation and Moderation Action Plan ref: 0018.
- 3 The horse used must be up to this level of performance.

- 4 Open Medium Dressage Test 5.3 and ESNZ rules and regulations are available from the Equestrian Sports New Zealand, PO Box 6146, Wellington, Telephone 04 499 8994; or available at <http://www.nzequestrian.org.nz>.
- 5 Assessment must be from the current Dressage Test Book.
- 6 Candidates must not contravene the *Code of Recommendations and Minimum Standards for Welfare of Horses* (Wellington: Ministry of Agriculture and Forestry, 1993), available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.

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## Elements and performance criteria

### Element 1

Ride ESNZ Open Medium Dressage Test 5.3, on a horse with which the rider is familiar.

Range trot movements are sitting.

### Performance criteria

- 1.1 The approved dressage test is ridden with the rider in an effective position.  
  
Range head, shoulder, hip, heel line; back and seat position; heel and toe position; elbow, hand, rein, bit line.
- 1.2 Movements are carried out with the horse demonstrating rhythm, suppleness, contact, impulsion, straightness, and collection between the markers stated in the test.
- 1.3 The effective use of aids to obtain the stated movement is demonstrated in accordance with ESNZ regulations.  
  
Range seat and back position, leg, rein, whip and spurs to reinforce leg and rein aids.

### Element 2

Describe higher degrees of collection and methods of training to achieve ESNZ Open Medium Dressage Test 5.3.

### Performance criteria

- 2.1 Methods of training a horse to higher degrees of collection, according to the individual horse, are described in terms of the classical system (scale of training).
- 2.2 The concepts of sequence changes and advanced and lateral movements are described in terms of the ESNZ rules for Dressage.  
  
Range flying changes every four strides, trot and canter half pass and counter changes, canter pirouettes.

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**Please note**

Providers must be accredited by NZQA, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be accredited by NZQA before they can register credits from assessment against unit standards.

Accredited providers and Industry Training Organisations assessing against unit standards must engage with the moderation system that applies to those standards.

Accreditation requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

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**Comments on this unit standard**

Please contact the Primary Industry Training Organisation [standards@primaryito.ac.nz](mailto:standards@primaryito.ac.nz) if you wish to suggest changes to the content of this unit standard.