

Title	Ride the individual movements for ESNZ Medium Dressage Test 4.5		
Level	5	Credits	6

Purpose	<p>People credited with this unit standard are able to ride the movements for the Equestrian Sports New Zealand (ESNZ) Medium Dressage Test 4.5 on a horse with which the rider is familiar; and describe higher degrees of collection and methods of training to achieve ESNZ Medium Dressage Test 4.5.</p> <p>The ESNZ dressage tests are the national standard, and are linked to international standards.</p>
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Classification	Equine > Equitation
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 2 There are specific qualification requirements for people assessing against this unit standard. Please refer to the Consent and Moderation Requirements Ref: 0018.
- 3 The horse used must be up to this level of performance.
- 4 Medium Dressage Test 4.5 and ESNZ rules and regulations are available from the Equestrian Sports New Zealand, PO Box 6146, Wellington, Telephone 04 499 8994; or available at <http://www.nzequestrian.org.nz>.
- 5 Assessment must be from the current Dressage Test Book.
- 6 Candidates must not contravene the *Code of Recommendations and Minimum Standards for Welfare of Horses* (Wellington: Ministry of Agriculture and Forestry, 1993), or available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.

Outcomes and performance criteria

Outcome 1

Ride the individual movements for ESNZ Medium Dressage Test 4.5, on a horse with which the rider is familiar.

Range trot movements are sitting.

Performance criteria

- 1.1 The approved dressage test is ridden with the rider in an effective position.
- Range head, shoulder, hip, heel line; back and seat position; heel and toe position; elbow, hand, rein, bit line.
- 1.2 Individual movements are carried out with the horse demonstrating rhythm, suppleness, contact, impulsion, straightness, and collection between the markers stated in the test.
- 1.3 The effective use of aids to obtain the stated movement is demonstrated in accordance with ESNZ regulations.
- Range seat, back, leg, rein, whip and spurs to reinforce leg and rein aids.

Outcome 2

Describe higher degrees of collection and methods of training to achieve ESNZ Medium Dressage Test 4.5.

Performance criteria

- 2.1 Methods of training a horse to higher degrees of collection, according to the individual horse, are described in terms of the classical system.
- 2.2 The concepts of sequence changes and advanced and lateral movements are described in terms of the ESNZ rules for Dressage.
- Range flying changes every four strides, trot and canter half pass and counter changes, canter pirouettes.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 August 1996	31 December 2023
Revision	2	11 June 1998	31 December 2023
Review	3	21 May 1999	31 December 2023
Revision	4	22 September 2003	31 December 2023
Review	5	18 July 2008	31 December 2023
Review	6	29 July 2021	31 December 2023

Consent and Moderation Requirements (CMR) reference	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.