

Title	Ride a horse over a course of obstacles, 1.1 to 1.3 metres in height with distance variations		
Level	5	Credits	8

Purpose	People credited with this unit standard are able to prepare self and horse for jumping the course; and jump the course according to Equestrian Sports New Zealand (ESNZ) rules, demonstrating effective riding positions, hand releases, and flying changes.
----------------	--

Classification	Equine > Equitation
-----------------------	---------------------

Available grade	Achieved
------------------------	----------

Guidance Information

- 1 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 2 There are specific assessment requirements for people assessing against this unit standard. Please refer to the Consent and Moderation Requirements Ref: 0018.
- 3 The relevant ESNZ rulebook is available from the Equestrian Sports New Zealand, PO Box 6146, Wellington, Telephone 04 499 8994; or available at <http://www.nzequestrian.org.nz>.
- 4 The course must be made up of 10-12 obstacles and must include four spread obstacles and a treble combination, and long and short stride distances between related obstacles.

Outcomes and performance criteria

Outcome 1

Prepare self and horse for jumping the course.

Performance criteria

- 1.1 Rider is attired in ESNZ approved dress which is safe and appropriate for riding conditions.
- 1.2 Horse is geared up in saddlery suitable to and comfortable for individual horse to enable control by rider and protection to limbs of horse.

Range bridle, saddle and stirrup length, martingale, boots, bandages.

1.3 Walking the course establishes lines and number of strides between obstacles.

Outcome 2

Jump the course according to ESNZ rules, demonstrating effective riding positions, hand releases, and flying changes.

Range 10-12 numbered obstacles, 1.1 to 1.3 metres in height, two combinations including one treble, spreads at least as wide as they are high.

Performance criteria

2.1 Rider is balanced, coordinated, and in a strong secure position throughout the course.

Range two point position with the movement on straight lines, three point position with the movement on corners and immediately before obstacles.

2.2 Obstacles are jumped in order with the rider looking to the next jump, maintaining previously identified lines, demonstrating change of lead over obstacles, and flying change.

2.3 Rider's use of hand releases appropriate to the jump and the situation allows the horse to demonstrate natural movement.

Range long and short crest release, out of hand release, turn in the air.

2.4 Rider maintains the horse in medium canter with rhythm, calmness, contact, and impulsion.

2.5 Rider demonstrates lengthening and shortening strides according to the distance between obstacles on straight and curved lines.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 August 1996	31 December 2023
Revision	2	11 June 1998	31 December 2023
Review	3	21 May 1999	31 December 2023
Review	4	22 September 2004	31 December 2023
Review	5	18 July 2008	31 December 2023
Review	6	29 July 2021	31 December 2023

Consent and Moderation Requirements (CMR) reference	0018
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

This unit standard is expiring