

Title	Ride a horse over a Novice cross country course		
Level	4	Credits	6

Purpose	People credited with this unit standard are able to: prepare self and horse for jumping a Novice cross country course; ride over Novice cross country fences; and care for the horse after the finish.
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Classification	Equine > Equitation
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Available grade	Achieved
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Guidance Information

- 1 Legislation and code relevant to this unit standard includes but is not limited to:
 - Animal Welfare Act 1999;
 - Health and Safety at Work Act 2015;
 - Code of Welfare: Horses and Donkeys.
- 2 Performance of all aspects of this unit standard should comply with the *Code of Welfare: Horses and Donkeys*, available at www.mpi.govt.nz.
- 3 The relevant ESNZ rulebook, which includes approved gear and clothing, is available from the Equestrian Sports New Zealand website at www.nzequestrian.org.nz.
- 4 The horse used must be to a standard (temperament, physical ability, and training) and fitness level that enables the outcome as represented by the title to be met.
- 5 Fences must be approved by the ESNZ Technical Delegate and include the following from an existing cross country course – drop, corners, ditches, water, uphill, bounces, parallels, combinations, and coffins.

Outcomes and performance criteria

Outcome 1

Prepare self and horse for jumping a Novice cross country course.

Performance criteria

1.1 Gear up the horse in saddlery for riding so it is suited to and comfortable for the individual horse, affords protection to the limbs of the horse, and enables control by the rider.

Range bridle and bit, saddle and stirrup leather length, leg protection for horse, breastplate, running or standing martingale.

1.2 Walk course to establish lines and number of strides between obstacles.

Outcome 2

Ride over Novice cross country fences.

Performance criteria

2.1 Ride in a balanced, confident, and strong secure position when jumping, while maintaining even contact with the horse.

2.2 Ride to ensure the horse is balanced, in a rhythm, and under control on the desired line throughout the course and maintained at a safe pace according to conditions.

2.3 Demonstrate an average speed of 520 metres per minute over the entire course, with the horse balanced, under control, and moving forward.

2.4 Demonstrate control of a horse by the rider being able to stop within a specified distance.

Range canter to stop within 40 metres, hand gallop (cross country pace) to stop within 80 metres.

Outcome 3

Care for the horse after the finish.

Performance criteria

3.1 Warm down horse gradually according to the level of stress and in a manner which does not cause further stress, until breathing returns to normal for the individual horse and the situation.

3.2 Cool down the horse according to weather conditions.

3.3 Remove gear appropriate to stage of recovery to assist recovery, while maintaining control of the horse.

3.4 Provide the horse with protection to maintain normal body temperature according to weather conditions and air temperature.

- 3.5 Offer the horse water and feed appropriate to stage of recovery in a manner which does not cause further stress.

Planned review date	31 December 2030
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 August 1996	31 December 2022
Review	2	11 June 1998	31 December 2022
Review	3	21 May 1999	31 December 2022
Review	4	22 September 2004	31 December 2022
Review	5	18 July 2008	31 December 2022
Review	6	25 February 2021	31 December 2027
Review	7	29 May 2025	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Toi Mai Workforce Development Council at qualifications@toimai.nz if you wish to suggest changes to the content of this unit standard.