

Title	Ride a horse over a cross country course of maximum height of 1.2 metres, at CCN or CCI 3 star level		
Level	6	Credits	8

Purpose	People credited with this unit standard are able to: prepare horse and self for jumping the course; ride the course according to Equestrian Sports New Zealand (ESNZ) rules; and care for the horse after the finish.
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Classification	Equine > Equitation
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 2 There are specific assessment requirements for people assessing against this unit standard. Please refer to the Consent and Moderation Requirements Ref: 0018.
- 3 Cross Country National (CCN) and Cross Country International (CCI) 3 star are the national and international standard cross country courses and are of equivalent standard.
- 4 The course to be ridden is approved by the ESNZ Technical Delegate.
- 5 The relevant ESNZ rulebook, which includes approved gear and clothing, is available from the Equestrian Sports New Zealand, PO Box 6146, Wellington, Telephone 04 499 8994; or available at <http://www.nzequestrian.org.nz>.
- 6 Candidates must not contravene the *Code of Recommendations and Minimum Standards for Welfare of Horses* (Wellington: Ministry of Agriculture and Forestry, 1993), available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.

Outcomes and performance criteria

Outcome 1

Prepare horse and self for jumping the course.

Performance criteria

- 1.1 Rider is attired in ESNZ approved dress which is safe and appropriate for riding conditions.
- 1.2 Horse is geared up in saddlery suited to and comfortable for individual horse, and which enables control by rider and affords protection to limbs of horse.
- Range bridle and bit, saddle and stirrup leather length, martingale, breastplate, leg protection for horse.
- 1.3 Course is walked to establish lines and number of strides between obstacles.

Outcome 2

Ride the course according to ESNZ rules.

Performance criteria

- 2.1 Rider is in a balanced, confident, and strong secure position when jumping, while maintaining even contact with the horse.
- Range galloping position, cross country position.
- 2.2 Horse is under control on the desired line throughout the course, with the horse in a rhythm, and maintaining a safe pace according to the conditions.
- Range conditions – terrain, footing, topography, weather conditions, spectators, gateways.
- 2.3 An average speed of 570 metres per minute is demonstrated over the entire course, with the horse balanced, under control, and moving forward.

Outcome 3

Care for the horse after the finish.

Performance criteria

- 3.1 Horse is warmed down gradually according to the level of stress and in a manner which does not cause further stress, until breathing returns to normal for the individual horse and the situation.
- 3.2 Horse is cooled down according to weather conditions.
- 3.3 Gear is removed appropriate to stage of recovery, to assist recovery without stress to, and while maintaining control of, the horse.
- 3.4 Horse is provided with protection to maintain body temperature according to weather conditions and air temperature.

- 3.5 Horse is offered water and feed appropriate to stage of recovery in a manner which does not cause further stress.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 August 1996	31 December 2023
Revision	2	11 June 1998	31 December 2023
Review	3	21 May 1999	31 December 2023
Review	4	22 September 2004	31 December 2023
Review	5	18 July 2008	31 December 2023
Review	6	29 July 2021	31 December 2023

Consent and Moderation Requirements (CMR) reference

0018

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.