Title | Coach adult learner(s) 
---|---
Level | 5 | Credits | 8 

### Purpose
People credited with this unit standard are able to prepare and facilitate coaching sessions for adult learner(s), and review coaching of adult learner(s).

### Classification
Adult Education and Training > Delivery of Adult Education and Training

### Available grade
Achieved

### Guidance Information

1. **Range**
   Evidence of carrying out coaching for an individual or group, which incorporates at least four related sessions that build on each other, with a total of at least 90 minutes coaching time, is required.

2. **Coaching** is subject to compliance with the Health and Safety at Work Act 2015 and organisational requirements.

3. **Definitions**
   - *Coaching* further develops skills, knowledge, and attitudes acquired through training, and assists with the transfer of that learning in a particular context(s). Coaching may include but is not limited to performance coaching, business coaching, career coaching, life coaching.
   - *Organisational requirements* refer to the policies, procedures, and reporting requirements of the provider and/or client organisation.
   - *Stakeholders* include learner(s) and may include supervisor, management, trainer, and assessor.

### Outcomes and performance criteria

#### Outcome 1
Prepare coaching sessions for adult learner(s).

**Performance criteria**

1.1 Current level of learner competency, expected outcomes, and intended coaching timeframes are determined in order to provide relevant and targeted coaching sessions.
1.2 Outcomes are agreed between coach, learner(s), and any other relevant stakeholders.

1.3 Coaching schedule is negotiated to meet agreed outcomes.

Range timeframes, venue(s), planned stages of development, resources.

**Outcome 2**

Facilitate coaching sessions for adult learner(s).

**Performance criteria**

2.1 Coaching sessions are facilitated in accordance with stakeholder requirements in a specific context.

2.2 Coaching methods are tailored to meet individual needs, to develop individual potential, and to achieve agreed outcomes.

2.3 Progress is documented and monitored and any modifications are agreed between coach and learner(s).

**Outcome 3**

Review coaching of adult learner(s).

**Performance criteria**

3.1 Stakeholder feedback on process and achievement of outcomes is sought and analysed in accordance with agreed outcomes.

3.2 Self-review includes identification of possible areas for future refinement.

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**Status information and last date for assessment for superseded versions**

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Consent and Moderation Requirements (CMR) reference 0045
This CMR can be accessed at http://www.nzqa.govt.nz/framework/search/index.do.

Comments on this unit standard

Please contact NZQA National Qualifications Services ngs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.