

Title	Describe memory processes and demonstrate a memory technique		
Level	2	Credits	2

Purpose	People credited with this unit standard are able to describe memory processes and demonstrate a short-term or long-term memory technique.
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Classification	Core Generic > Work and Study Skills
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Available grade	Achieved
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Guidance Information

None.

Outcomes and performance criteria

Outcome 1

Describe memory processes.

Performance criteria

- 1.1 Receiving, storing, recalling, and transferring information are described in terms of short-term and long-term memory processes.
- 1.2 Techniques for memorising information are described in terms of how they support retention of information.

Range two visual techniques, two auditory techniques, two kinaesthetic techniques.

Outcome 2

Demonstrate a short-term or long-term memory technique.

Performance criteria

- 2.1 Own preferred memory technique is identified and reasons are given for choice.

Range any one of – visual, auditory, kinaesthetic.

- 2.2 Technique for memorising ten items is applied, tested and recall success rate is recorded.

2.3 Suggestions for improving the memory technique are described.

Planned review date	31 December 2022
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 May 1996	31 December 2015
Revision	2	27 March 1998	31 December 2015
Review	3	26 September 2001	31 December 2015
Review	4	16 July 2010	31 December 2019
Rollover	5	18 June 2015	31 December 2019
Review	6	25 January 2018	N/A

Consent and Moderation Requirements (CMR) reference	0113
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact NZQA National Qualifications Services nqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.